

ZUCCHINI NOODLE SALAD

HEALTHY
PICK



Serves 4-6



Prep Time 20 mins



Easy As



INGREDIENTS

- 400g zucchini (courgettes)
- 200g container cherry tomatoes, halved
- 75g traditional feta, crumbled
- 3 Tbsp **Mediterranean Basil Pesto Chunky Dip**
- Freshly ground black pepper to garnish

METHOD

1. Top and tail the zucchini. Using a spiraliser* cut into spaghetti strands. Place in a mixing bowl. Add tomatoes and crumbled feta. Carefully mix through **Mediterranean Basil Pesto Chunky Dip**. Transfer to a serving bowl. Garnish with

freshly ground black pepper. Serve as a delicious salad alongside grilled fish or chicken.

TIPS

- If you don't have a spiraliser cut the zucchini in half lengthwise and with a potato peeler make thin ribbons.

SWAP IT OUT

- Replace the feta with bocconcini (small mozzarella balls) cut into small pieces