

## EASY COUSCOUS, VEG & TUNA LUNCH BOWL



Serves 1



Prep Time 10 minutes



Cook Time 5 minutes



### INGREDIENTS

- 220g bag **Wattie's SteamFresh Veggie Plus Broccoli, Baby Peas and Supersweet Corn with Pearl Couscous**
- ¼ cup grated carrot
- ¼ Lebanese cucumber
- 2 cherry tomatoes, halved
- 95g can tuna with tomato and basil

### METHOD

1. Microwave **Wattie's SteamFresh Veggie Plus Broccoli, Baby Peas and Supersweet Corn with Pearl Couscous** according to bag instructions. Remove from bag and put into a bowl to cool.
2. Cut the cucumber in half lengthwise. Remove the seeds and slice into half rounds. Arrange into a bowl piles of:

cooked couscous and vegetables, grated carrot, sliced cucumber, cherry tomato halves and tuna.