

ASIAN LEMON AND GINGER CHICKEN STIR-FRY



Serves 2







INGREDIENTS

- 300g chicken thighs boneless and skinless, cut into strips
- 1 small onion, sliced lengthways
- 2 spring onions, chopped
- 2 cups cooked jasmine rice
- 125g pouch Wattie's WOK Creations
 Lemon, Ginger & Sesame Stir-Fry sauce

METHOD

- 1. Heat a dash of oil in a wok (or frying pan) over a high heat. Add chicken and stir-fry until chicken is golden and nearly cooked.
- 2. Add vegetables and stir-fry for 3-4 minutes.
- 3. Pour over Wattie's WOK Creations
 Lemon, Ginger & Sesame sauce and sirfry for a further 3-5 minutes or until meat
 is cooked.

4. Serve over cooked jasmine rice. Garnish with chopped spring onions and toasted sesame seeds if wished.