

## CUCUMBER & TOMATO SALAD



 Serves 4

 Prep Time 10 minutes



### INGREDIENTS

- 1 telegraph cucumber
- 1 punnet cherry tomatoes, halved
- 1 small red onion, finely sliced
- 250ml bottle **Eta Lite & Free Italian Dressing**
- salad greens

### METHOD

1. Slice the cucumber in half lengthwise and slice each half again lengthwise. Cut into 1cm chunks.
2. Put the cucumber, tomatoes and red onion into a bowl and toss about  $\frac{1}{4}$  cup **Eta Lite & Free Italian Dressing** to coat the salad.
3. Place salad greens into a serving bowl and spoon the salad onto the leaves.