

PULL APART MAPLE GLAZED HOT CROSS BUNS



 Makes 8

 Prep Time 30 minutes

 Cook Time 15 minutes



INGREDIENTS

- 3 cups flour
- 1 tsp salt
- ¼ cup soft brown sugar
- 1 Tbsp fast acting yeast
- ½ cup boiling water
- ½ cup milk
- 25 g butter, melted
- 1 egg, beaten
- ½ tsp **Gregg's Ground Cinnamon**

METHOD

1. Grease a 22cm springform cake tin. In a large mixing bowl place 1 cup of the measured flour, salt, brown sugar and fast acting yeast.
2. Mix the boiling water and milk together and pour over the dry ingredients. Stir to mix.
3. In a separate bowl mix together the melted butter, beaten egg, **Gregg's Ground Cinnamon** and **Gregg's Ground**

- 1 tsp **Gregg's Mixed Spice**
- ½ cup currants
- 1 sheet ready rolled sweet short pastry, thawed
- ⅓ cup **Cottee's Maple Flavoured Syrup**

Mixed Spice. Add to the yeast mix and stir well to combine along with the currants.

4. Add a further 1 1/2 cups of flour and mix well to form a soft dough. Turn out onto a board and knead the dough, incorporating as much of the remaining 1 /2 cup of flour as necessary. The dough should be soft but not sticky. Knead for approximately 10 minutes or until the dough is smooth. Wash and dry the mixing bowl. Return the dough to the bowl. Cover with clingfilm and leave in a warm place for 20 minutes.
5. Remove the dough from the bowl and place on a lightly floured board. Cut the dough into 8 even sized pieces. Shape into balls and place them in a circle, leaving 1 ball for the centre, into the prepared cake tin, leaving a gap between each ball. Cover with cling film. Leave in a warm place until the buns have doubled in size.
6. Preheat the oven to 200° C on fan bake. Cut thin strips from the pastry sheet. Brush the buns with a little milk. Place the crosses on top, cutting the pastry to fit.
7. Place the buns into the oven and cook for 5 minutes. Reduce the heat to 180° C, fan bake and continue cooking a further 10-15 minutes until the buns are golden and cooked. Remove from the oven. Leave to stand in the tin on a cooling rack for 5 minutes. Release the sides of the tin and remove. Slide the buns off the base. Brush the tops liberally with **Cottee's Maple Flavoured Syrup**. Pull the buns apart and serve warm with butter.